

最近の変化と今後の動向を探索する包括的なランドマーク・リファレンス



## 思春期の発達

自己、個人的関係および精神病理学に関する縦断的研究

# Adolescent Development Longitudinal Research into the Self, Personal Relationships and Psychopathology

Edited by **Wim Meeus**

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この画期的な本は、学生と研究者に、12歳から25歳までの若者の発達に関する縦断的研究のユニークな概要を提供しています。

本書は、自己、思春期のアイデンティティと人格の発達などの重要なトピックを含んでいます。思春期の発達の大学院生や研究者、社会科学や行動科学の縦断的な研究方法論を模索している人にとっては必読です。

### 本書の内容

This groundbreaking book provides students and researchers with a unique overview of the longitudinal study of the development of young people from the ages of 12 to 25. It offers a comprehensive introduction into the multiple theories on the development of the self, personal relationships and psychopathology in adolescence, alongside a non-statistical overview of the many longitudinal models used to study development.

The book includes key topics such as the development of the self, adolescent identity and personality; the development of parent-adolescent relationships; friendships and the understanding of others; and the development of psychosocial problems such as anxiety, depression, delinquency, aggression, and substance use. Meeus highlights multiple findings showing how these processes are integrated and identifies eight fundamental patterns of adolescent development to help determine why most adolescents develop into mature and organized individuals towards the end of this life stage, whilst a substantial minority show an inability to mature.

It is essential reading for graduate students and researchers in adolescent development and anyone seeking to use longitudinal research methodology in the social and behavioral sciences.

## 本書の目次

1. Adolescence as Life-phase and Adolescents as Group
2. Longitudinal Models to Study Adolescent Development
3. Descriptive Models: Identity and Personality
4. Descriptive Models: Personal Relationships and Empathy
5. Descriptive Models: Problem Behavior
6. Developmental Covariation: Prediction and Developmental Sequence Models
7. Developmental Covariation: Longitudinal Mediation Models to Explain Developmental Sequence
8. Developmental Patterns in Adolescence: Turmoil or Formation? Appendix A. Sample Descriptions of Our Longitudinal Studies

## 本書の著編者

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