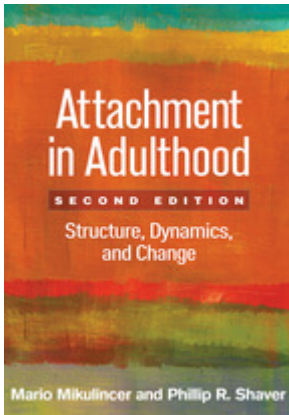


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## 成人期の愛着・第2版

# Attachment in Adulthood

## Structure, Dynamics, and Change

### Second Edition

By *Mario Mikulincer and Phillip R. Shaver*

2016年5月出版 690ページ ハードカバー ¥14,170

#### 【第2版の特徴】

- ◇ 数百の最新研究を含むこの分野の主な進歩を反映。
- ◇ 著者らによる有力な愛着システム機能モデルについて解説し、さらに拡張します。
- ◇ 愛着の遺伝学的およびホルモンの基質について最先端の内容を収録。
- ◇ 愛着と他の行動システム(介護行動や性行動など)との相互関係に焦点をあてています。
- ◇ カウンセリングおよび心理療法における愛着過程について論じます。
- ◇ さらに、リーダーシップ、グループダイナミクス、宗教についてもカバーしています。

Synthesizing a vast body of empirical research and organizing it around a comprehensive conceptual model, this book is recognized as the definitive reference on adult attachment. The authors explain how what began as a theory of child development is now used to conceptualize and study nearly all aspects of social functioning across the lifespan, including mental representations of self and others, emotion regulation, personal goals and strivings, couple relationships, caregiving, sexuality, psychopathology, psychotherapy, and organizational behavior. The origins and measurement of individual differences in adult attachment are examined, as is the question of whether and how attachment patterns can change.

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**Phillip R. Shaver**, PhD, is Distinguished Professor Emeritus of Psychology at the University of California, Davis. He has published several books, including *Handbook of Attachment*, Third Edition, and over 250 journal articles and book chapters. Dr. Shaver's research focuses on attachment, human motivation and emotion, close relationships, personality development, and the effects of meditation on behavior and brain. He is a fellow of both the American Psychological Association and the Association for Psychological Science and is past president of the International Association for Relationship Research, which honored him with its Distinguished Career Award. He has also received Distinguished Career Awards from the Society of Experimental Social Psychology and the Society for Personality and Social Psychology, and an honorary doctorate from the Faculty of Social Sciences at the University of Stockholm, Sweden.

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